



Goal-Directed Therapy.

Level of Evidence	Moderate
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Consensus Statement

Goal-directed fluid and hemodynamic therapy can guide perioperative resuscitation and prevent postoperative organ injury.

Main Points

- Goal-directed hemodynamic and fluid therapy uses structured monitoring and algorithms to guide fluids, vasopressors, and inotropes across the perioperative period.
- The intention is to identify fluid responsiveness and optimize perfusion while avoiding under-resuscitation and overload.
- Studies suggest reduced organ injury and shorter length of stay, but protocols and monitoring methods vary considerably.

Key References

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