



Protective Lung Ventilation.

Level of Evidence	High
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Consensus Statement

Mechanical ventilation with lung-protective strategies is associated with improved mechanics and fewer pulmonary complications.

Main Points

- Lung-protective ventilation strategies use low tidal volumes with appropriate PEEP and recruitment maneuvers to reduce ventilator-associated lung stress.
- In cardiac surgery, these approaches are associated with improved pulmonary mechanics and fewer postoperative pulmonary complications.
- Recent practice has also emphasized limiting driving pressure in addition to controlling tidal volume.

Key References

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