



Shared Decision Making, Patient Engagement, And Education.

Level of Evidence	Low
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Consensus Statement

Patient engagement is improved through the incorporation of shared decision-making principles.

Main Points

- Emphasizes active partnership between clinicians, patients, and caregivers so treatment decisions reflect patient values, goals, and expectations.
- Education before surgery helps patients understand the procedure, recovery milestones, and potential risks, which can improve preparedness and adherence.
- Digital tools such as apps, wearables, and remote monitoring may strengthen engagement and support collection of patient-reported outcomes and recovery data.

Key References

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