



Establishment of a Multidisciplinary Team.

Level of Evidence	Moderate
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Consensus Statement

Program implementation and sustainment is facilitated through the establishment of a multidisciplinary team, including a dedicated coordinator, as an extension of the Heart Team.

Main Points

- Successful ERAS cardiac programs depend on collaboration among surgeons, anesthesiologists, intensivists, nurses, perfusionists, pharmacists, therapists, dietitians, and rehabilitation specialists.
- A dedicated coordinator helps pathway design, implementation, education, data collection, and reporting of outcomes.
- Strong communication and shared ownership across disciplines reduce resistance to change and improve program sustainability.

Key References:

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